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if (document.addEventListener) { document.addEventListener("DOMContentLoaded",  
window.print(), false); } // for Internet Explorer (using conditional comments) /*@cc_on @*/  
/*@if (@_win32) document.write(""); var script = document.getElementById("__ie_onload");  
script.onreadystatechange = function() { if (this.readyState == "complete") { window.print();  
// call the onload handler } }; /*@end @*/
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GUEST BLOG: Sandy Schuler

Posted by: kstewart in *Untagged* on Mar 2, 2010

Sandy Shuler is a Calgary-based family and life educator whose workshop Effective Co-parenting teaches separating parents to put the kids first and understand their needs during separation and divorce.

“Often what happens is, in the process, (parents) are remiss in understanding what the experience is like for kids.”

Four tips:

1. Parents need to love their children more than they dislike their parenting partner. Put aside differences for the kids' sake.
2. Shield children as best you can from parental conflict. No fighting or name-calling in front of the kids.
3. Give children permission to love and connect with both parents and extended family (unless there is abuse happening).
4. Understand that children will experience loss and grief, too, and that their feelings will be different from your own.